



Kammavari Sangham (R) 1952

K. S. GROUP OF INSTITUTIONS

K. S. SCHOOL OF ENGINEERING AND MANAGEMENT

Approved by AICTE, New Delhi; Affiliated to VTU, Belagavi, Karnataka; Accredited by NAAC

#15, Near Vajarahalli, Mallasandra, off kanakapura Road, Bengaluru - 560109

Tel: +91 8028425012/013/163, Fax: +91 80 28425164, Mob: 88844444408 / 9606055906

www.kssem.edu.in

“CPR Awareness Week”

On

8th June 2024

by

KSSEM, Bengaluru - 560109

Association with



NATIONAL SERVICE SCHEME (NSS)

K.S. School of Engineering and Management

Bengaluru - 560109



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The NSS Cell at KSSEM organized a CPR awareness week for NSS volunteers in collaboration with **Zymus Hospital** Bengaluru on **June 8th, 2024**, from 11:40 AM to 12:30 PM. The event began with a welcome address by Meghana, an NSS Volunteer from the CSE Department, to the esteemed guests: Dr. Nagaraj Lakshmeshwar from Zymus Hospital, Mr. Manoharkumar K N, the NSS Programme Officer, and Mr. ShivaPrakash, the PED, KSSEM. Dr. Nagaraj Lakshmeshwar then initiated the awareness program for students, explaining the differences between a heart attack and sudden cardiac arrest, essential precautions, how to perform CPR, and the relevant rules and regulations.

The CPR Awareness Programme at KSSEM proved to be a pivotal initiative in aligning with national efforts to combat the increasing instances of cardiac arrests. By equipping participants with essential CPR skills, the program aimed to contribute to a more resilient and responsive community in medical emergencies. The engagement of both students and faculty underscored the importance of widespread CPR training in saving lives and promoting a culture of preparedness.

About CPR

Cardiopulmonary resuscitation (CPR) is a crucial life-saving technique used in emergencies when a person's heartbeat or breathing has stopped. Awareness and training in CPR can significantly increase the chances of survival for victims of cardiac arrest. This report delves into the importance of CPR awareness, current statistics, methods to increase awareness, and recommendations for improving CPR training and accessibility.

Importance of CPR Awareness

1. **Life-Saving Potential:** Immediate CPR can double or even triple the chances of survival after cardiac arrest.
2. **Accessibility:** CPR can be performed by anyone who is trained, making it an accessible intervention for emergencies.

3. **Window of Opportunity:** The first few minutes after cardiac arrest are critical; bystander CPR can keep blood flowing to vital organs until professional help arrives.

CPR awareness and training are critical components of public health that can save lives in emergencies. By increasing education, training accessibility, and public awareness, communities can improve their readiness to respond to cardiac emergencies. Enhanced policies and the use of technology can further support these efforts, ensuring that more individuals are prepared to act when every second counts.





Bengaluru, Karnataka, India
K. S. School Of Engineering And Management Engineering Block, off, Kanakapura Rd,
Bengaluru, Mallasandra, Karnataka 560109, India
Lat 12.859652°
Long 77.843045°
08/08/24 11:50 AM GMT +05:30



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08/08/24 11:57 AM GMT +05:30

I would like to extend my gratitude to our Management, CEO, and Principal for their generous support and financial assistance, which allowed us to organize the activity seamlessly.

NSS Program Officer

MANOHARKUMAR K N

NSS Program Officer

K S School of Engineering and Management
Bengaluru - 560 109

Principal

Dr. K. RAMA NARASIMHA

Principal/Director

K S School of Engineering and Management
Bengaluru - 560 109

Date: 7/06/2024

To
The Principal,
K. S. School of Engineering and Management,
Bengaluru-560109.

Dear Sir,

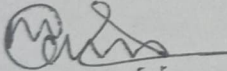
Subject: Permission to conduct CPR awareness week - Reg.

With reference to the above subject, NSS cell is planning to organize CPR awareness week on **08/6/2024** at Kavirathna Kalidasa Auditorium in association with **Zymus Hospital**, Kanakapura Road, Bengaluru.

I request you to kindly give permission and sanction **Rs.2000/-** for the above said event and do the needful.

Thanking you

Yours Faithfully



NSS Program Officer

MANOHARKUMAR K N

NSS Program Officer

K S School of Engineering and Management
Bengaluru - 560 109

can be issued

15.06.24

Dr. K. RAMA NARASIMHA
Principal/Director

K S School of Engineering and Management
Bengaluru - 560 109

08/06/24



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National Service Scheme

Ref: KSSEM / NSS / 03 / 2024-25

Date: 04/06/2024

CIRCULAR

All NSS Students are hereby informed that the NSS Cell is organizing a **CPR Awareness Week** in association with **Zymus Hospital** on **8th June 2024**. All students are encouraged to participate in the event.

Time: 11.40am to 12.30pm

Venue: Kavirathna Kalidasa Auditorium, KSSEM

NSS Program Officer

MANOHARKUMAR K N

NSS Program Officer

S School of Engineering and Management
Bengaluru - 560 109

Principal

D. K. RAMA NARASIMHA
Principal/Director

K S School of Engineering and Management
Bengaluru - 560 109



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NATIONAL SERVICE SCHEME

Date: 26/06/2024

Event: CPR Awareness Week

Expenditure Report

Sl. No.	Particulars	Expenditure (in Rs.)
1	Samplings	650/-
2	Gift	450/-
3	Poster	480/-
4	Petrol	100/-
Total		1680/-

NSS Program Officer

MANOHARKUMAR K N

NSS Program Officer

K S School of Engineering and Management
Bengaluru - 560 109

Principal

Dr. K. RAMA NARASIMHA

Principal/Director

K S School of Engineering and Management
Bengaluru - 560 109

26/6/24